

mary's
meals

Little Acts Make A Big Difference

Learning resource



A simple solution to world hunger.

This session uses the film *Child 31* to introduce the issue of world hunger and explain how it impacts children in three of the countries where Mary's Meals works: Malawi, India and Kenya.

Through reflection, discussion and research tasks, learners can build on the knowledge gained from the film and consider their relationship to children around the world with greater empathy and understanding.

Learning intention:

I will learn how hunger and poverty impacts children around the world, and how the work of Mary's Meals helps improve the lives of children affected by these issues.



Content notes:

Child 31 explores child hunger and poverty and includes scenes referring to drug use and homelessness. Some young people in your group may find the film distressing, particularly if they have experience of these issues. We would recommend that teachers/group leaders watch the film before the session.

Starter questions:

- What do you already know about Mary's Meals? From its name, what do you think the charity does?
- Think of a time when you were truly hungry – how did it make you feel and act?

Watch Child 31 with your class or group.



Following the film, choose from the discussion questions and activities below.



Discussion questions:

- Did anything surprise or shock you when watching Child 31? Please give examples.
- Do you think it is important for people in Hong Kong to help children like Lette? Why, or why not?
- How are children's lives in Hong Kong different to the lives of the children we meet in the film? Are there any similarities?
- There are different reasons that some children in the places that Mary's Meals work don't go to school. What do you think these reasons might be?

Activities:

- Take notes on one of the countries featured in the film. What can you find out from the film? Using the Mary's Meals website, find out how many children the charity feeds in this country, what the children eat, and any other interesting facts. Create a poster or a fact file with this information.
- Write about a day in the life of a child receiving Mary's Meals for the first time. How are they feeling? How does it compare to their life before?